

ASIAN & PACIFIC ISLANDER BLOOD & BONE MARROW DRIVE

(Formerly known as Kirby Wong Memorial Blood Drive)

WHEN: February 28, 2009, Saturday 8:00AM - 2:00PM

WHERE: Chinese Baptist Church (5801 Beacon Ave S, Seattle, WA 98108)

WHY: To increase the Asian & Pacific Islander blood donor pool and make sure that all patients receive the blood that they need. Every weekday, the Puget Sound Blood Center (PSBC) needs 900 donors to meet the transfusion needs in Western Washington. This drive is a tribute to Kirby Wong, who needed over 500 units of blood products in his fight for life.

HOW:

The entire process takes less than an hour.

- Blood Bank has a screening interview with each donor.
- Your blood pressure, pulse, temperature, and red cell count are taken.
- Your unit of blood is collected.
- You should rest for 10 minutes, while refreshments are served.

INTERESTED IN DONATING:

- Review the [Can I Donate?](#) list below.
- Contact Heidi Wong at hwong@kinon.org or (206) 721-3630 ext 126 to sign up. Please note your preferred 2 hour donation window. Heidi will assign actual donation time and contact each donor for confirmation.
- Walk-in donors are welcome.

Can I Donate?

YES, If You:

- Are in good health
- At least 18 years old (age 16 or 17 with parent's permission slip)
- Weigh at least 110 pounds

Donation is allowed for the following conditions:

- Diabetes under control with medication
- Menstruating
- Allergy medications, diuretics, diet pills, sleeping pills, tranquilizers, aspirin, Tylenol
- Blood pressure medication (most types)
- Flu vaccination
- Hepatitis B vaccination
- Ear / body piercing by a professional

NO, You Must WAIT, If You:

- Have cold, flu and sore throat – *until symptom free for three days*
- Are taking oral antibiotics – *until three days after last dose and symptom free*
- Have malaria – *three year wait or until symptom free*
- Have been in a malaria area – *one year wait*
- Had a delivery, miscarriage, or abortion – *six week wait*
- Had a surgery with a transfusion - *one year wait*
- Had Measles (rubella) and MMR vaccinations – *One month wait*
- Had ear / body piercing by non-professionals – *if sterile procedure, can donate*
- Had tattooing - *One year wait*
- Traveled anywhere outside of the city in Belize in August 2007 – *one year wait*

NO, You Cannot Donate If You:

- Have HIV / Aids
- Have a cold or flu
- Had hepatitis after the age of 11
- Are pregnant

QUESTIONS:

Donor Eligibility Info: Contact the PSBC Clinical Program contact information at 1-800-366-2831, Ext 2543 or email clinicalprogram@psbc.org

Registration Info: Contact Heidi Wong at Kin On at 206.721.3630 ext 126 or email hwong@kinon.org.

This event is sponsored by Kin On, Puget Sound Blood Center, Blaine Memorial United Methodist Church, and Chinese Baptist Church. The Drive is in memory of Kirby Wong's Leave a Legacy donation to Kin On.